



Did you know that approximately one in ten Americans will have difficulty having a baby?



Wexner
Medical
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**A study of
how health
and lifestyle
might affect
your ability
to have a
baby**

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What is peeps?

The Prospective Evaluation of the Elements of Pregnancy Study (PEEPS) is being done in Ohio to help us learn more about how health and lifestyle might affect a woman's ability to have a baby.

This project is being sponsored by the National Institute of Child Health and Human Development (NICHD) of the National Institutes of Health (NIH).

Why is this study being done?

It is estimated that at least 10% of U.S. couples will experience difficulty having a child. Approximately 15% of pregnant women will have a miscarriage. Very little is known about what types of things might affect a couple's ability to get pregnant and to have a full-term baby. PEEPS will help provide scientists and doctors with the knowledge that they need to better advise couples how to have a healthy pregnancy and baby.

Who is eligible to participate?

- ◆ Women ages 18-44 who are in a committed relationship and are planning to become pregnant in the next 6 months
- ◆ Women and their partners must have no history of fertility or pregnancy problems
- ◆ Since all study data will be collected online, participants must have reliable access to the Internet on a daily basis

If you participate, what will you be asked to do?

- ◆ Participation in this project is entirely voluntary. If you choose to participate all of your information will be kept strictly confidential
- ◆ You will be asked to complete a study intake questionnaire and then a daily journal while trying to become pregnant and weekly during pregnancy
- ◆ You will be asked to sign a medical records release form to allow study staff to obtain and review the medical records related to your labor, delivery and the health of your baby
- ◆ Your period of participation will range from 10-21 months depending on how long it takes you to get pregnant

What are the benefits of participation?

- ◆ Helping scientists understand factors that affect a couple's ability to become pregnant and have a healthy baby
- ◆ Tips about having a healthy pregnancy
- ◆ Compensation of up to \$50 for participating, \$10 for every three months that daily journals are completed and \$20 for completing a weekly pregnancy journal.

Are there any costs involved in participation?

There is no cost for participation other than your time and effort in completing the questionnaire and journals.

How do you find out more about peeps?

To find out more about PEEPS and to complete a screening questionnaire to see if you are eligible for participation, please visit our website at: <https://peeps.osumc.edu>.

Thank you in advance for your support of this important project!